The First Tee Certification Requirements Quick Glance					
5 GENERAL REQUIREMENTS	PLAYer LEVEL	5 GENERAL REQUIREMENTS	Par Level	BIRDIE LEVEL	EAGLE LEVEL
1. Core lesson exposure	Core Lessons 1-9	1. Core lesson exposure	Core Lessons 10-15	Core Lessons 16-21	Core Lessons 22-27
2. Play		2. Golf Skills App	lication		
Playing requirement	One 9-hole round     Fast/safe/courteous     Recorded score accurately     (Honesty)     No required score or yardage	<ul> <li>Playing requirement</li> </ul>	<ul> <li>One 9-hole round</li> <li>Fast/safe/courteous</li> <li>Score = 72 and under</li> <li>Required distance =</li> <li>1,500-1,900 yards</li> </ul>	<ul> <li>Five 9-hole rounds</li> <li>Fast/safe/courteous</li> <li>Score = 63 and under</li> <li>Required distance =</li> <li>1,900-2,500 yards</li> </ul>	<ul> <li>Ten 18-hole rounds</li> <li>Fast/safe/courteous</li> <li>Score = 108 and under</li> <li>Required distance = 5,000-6,000 yards</li> </ul>
• Putting	<ul> <li>9 holes</li> <li>Fast/safe/courteous</li> <li>Recorded score accurately (Honesty)</li> <li>No required score</li> </ul>	• Putting	• 9 holes • Maximum of 27	• 9 holes • Maximum of 23	• 9 holes • Maximum of 18
• Short Game		• Short Game	• 3 holes • Maximum of 12	• 6 holes • Maximum of 21	• 9 holes • Maximum of 27
• Full-swing (greens)		• Full-swing (greens)		<ul> <li>3 out of 6</li> <li>Required distance = 55 to</li> <li>75 yards to middle of green</li> </ul>	<ul> <li>3 out of 6</li> <li>Required distance = 80 to</li> <li>100 yards to middle of green</li> </ul>
• Full-swing (fairways)		• Full-swing (fairways)			<ul> <li>3 out of 6</li> <li>Required distance = 160 to 190</li> <li>yards to a fairway 40-45 yards wide</li> </ul>
3.Learn	Correctly answered 10-12 written (or verbal) questions	3. Life Skills Knowledge	Correctly answered 15-18 written (or verbal) questions	Correctly answered 20-24 written (or verbal) questions	Correctly answered 25-30 written (or verbal) questions
4. Appreciate	Correctly answered 8-10 written (or verbal) questions	4. Golf Knowledge	Correctly answered 12-15 written (or verbal) questions	Correctly answered 16-20 written (or verbal) questions	Correctly answered 20-25 written (or verbal) questions
5. Your Game  Measured by observable behaviors associated with the Code of Conduct and reflective of the Nine Core Values and Nine Healthy Habits	Bag tag checklist  1. Showing Respect 2. Courtesy Toward Others 3. Responsibility for the Course 4. The Honesty of PLAYers 5. Modeling Sportsmanship 6. Developing Confidence 7. Using Good Judgment 8. Playing with Perseverance 9. Living with Integrity + physical healthy habits of energy, play and safety	5. Life Skills Application  Measured by observable behaviors associated with The First Tee life skill categories, specific life skill strategies and Nine Healthy Habits	Bag tag checklist  1. GAME  2. Respect  3. Meeting and Greeting with A-L-R  4. Three Tips for Having Fun  5. 4Rs  6. Personal Par  + physical healthy habits of energy, play and safety	Bag tag checklist  1. Dreams and Goals  2. Important and Positive Goal  3. Specific Goal  4. Goal Under Your Control  5. Goal Ladder  6. STAR  + physical healthy habits of energy, play and safety	Bag tag checklist  1. Wellness  2. Go-to Team  3. Appreciating Diversity  4. CARE  5. Go-to Person  6. Planning for the Future  + physical healthy habits of energy, play and safety